

Pet Bereavement

Coping with Pet Loss (RSPCA)

0300 123 0346

supportercare@rspca.org.uk

<https://www.rspca.org.uk/adviceandwelfare/pets/bereavement>

- Our pets are often seen as part of the family, and saying goodbye to them can be an extremely tough and emotional time. Please rest assured that there's pet bereavement support out there to help, from knowing the right time to grieving after the death of your pet.

Blue Cross Pet Loss Support

0800 096 6606

plsmail@bluecross.org.uk

<https://www.bluecross.org.uk/pet-bereavement-and-pet-loss>

- The support line volunteers are not counsellors, but are trained in providing emotional support. They are there to listen and to help you gently explore how you are feeling. They are not there to tell you what to do or how to react, as everyone experiences grief in a unique way. Having direct experience of pet loss, our volunteers can empathise with what you are going through. If you do need additional help then they can point you in the right direction.
- For 30 years, we've been here to help you cope with the loss of a pet, either through death, enforced separation or theft. With a free and confidential helpline, webchat, email and Facebook group, you can find support when and where you need it.
- Just as you've held the hearts (and paws or hooves) of your beloved companions throughout their lives, our Pet Loss Support team is here to hold your hand when joy turns to sadness. No one should face the pain of losing a pet alone. Our Pet Loss Support team is here for you every day of the year.