





Children can take part in the Hospice Hero Run in class

groups, as part of their indoor or outdoor PE lessons.

in year groups, or as a whole school during break time - any time to suit you! They are sponsored to run, hop or skip a number of laps around the playground, sports hall or field. Teachers can join in the fun too!

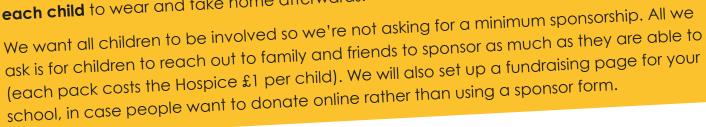






n partnership with

York Mix radio



It's easy and fun to join in...

We will provide you with everything you need including poster templates, sponsor envelopes and certificates for all the children.
You also have the option of an assembly and warm up with York Mix and mascot Mixy, before your Hospice Hero run, depending on availability. Book now to secure your place!







Everything that your school raises is amazing and will help us to continue to provide our expert care and support.



could buy tea bags to support family members with a much needed brew during difficult conversations



could buy a memory box for a child who has lost a parent to gather and keep special memories





by raising £100 your school could help patients stay pain free, and supported

What do you need to do now...

Hospice Heroes assemble – check your calendar and choose the best day and time for your school to hold your Hospice Hero Run.

Dash into to action – return your form as soon as possible and let us know about your tremendous support for St Leonard's.



We can also arrange a mutually convenient time for us to bring our Lenny Bear mascot, along with our friends at York Mix, to cheer you on.



Jasmine Rodgers, Fundraising Team, St Leonard's Hospice, 185 Tadcaster Road, York, YO24 1GL



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St Leonard's Hospice