

Support for your family

If you are going through bereavement and would like to talk to someone, St Leonard's Hospice provides safe and confidential opportunities for individuals to share, express, process and understand their grief. The service is available to anyone throughout York and the surrounding area and is completely free of charge. Please call **01904 777 760**, 8am – 4pm, Monday to Friday, to self-refer for ongoing planned bereavement support with a dedicated member of our team or for immediate, in the moment support.

For some, supporting a charity in memory of a loved one can help with the grieving process. Helping others by making a donation or fundraising for a good cause can be a way to honour the memory of someone special and celebrate their life. Supporting the Hospice is a positive way to pay tribute to a loved one while helping other patients and families receive compassionate care when they're facing their toughest times.

Remembering your loved one can be as unique and special as they were. There are many ways you can support St Leonard's in their memory. However you choose to help, your support will make a difference to local people dealing with a life-limiting illness and bereavement.









Funeral collections

Whether or not we cared for your loved one, we would be privileged to accept donations in their memory. One way to celebrate their life is to ask family and friends to make a donation at their funeral service. Often people choose to make a donation to St Leonard's Hospice in lieu of flowers.

We can provide a collection box and also send you donation envelopes to hand out at the funeral.

Tribute funds

When someone close to you has died, a tribute page on the Hospice website is a special way of celebrating their life. You can personalise the page as you wish and it allows family, friends, colleagues and neighbours to leave their messages of remembrance and to donate or fundraise in the name of your loved one. It will also enable you to see, at a glance, the total amount raised in their memory.

Once you have created your page, you can add to your tribute as often as you wish. You may want to mark special occasions such as birthdays, anniversaries or Christmas. There are no minimum donations, timelines or targets – it is entirely up to you.

Please visit **stleonardshospice.org.uk/create-a-tribute/** to find out more and to set up a tribute fund.

The Memory Tree

The St Leonard's Hospice Memory Tree is a unique and beautiful installation, offering people the opportunity to dedicate a leaf in memory of a loved one.

The Memory Tree is situated close to the Hospice's main reception, taking pride of place in our beautifully landscaped gardens. You can dedicate a leaf to anyone; even if you don't have a direct link to the Hospice and whether you have been bereaved recently or some time ago.



Each of the leaves, in your choice of bronze, silver or gold, can be inscribed with the name of your loved one as a wonderful and meaningful tribute to their memory. In return for a donation, your loved one's leaf will remain on the tree for the time period you have selected. You can, of course, renew your leaf as many times as you wish. Alternatively, we do offer an eternal leaf which remains on the tree forever.

For more information please visit:

stleonardshospice.org.uk/ how-can-you-help-us/ giving-in-memory/

Donations

Donations can be made in memory of a loved one and will help ensure that future patients and their relatives benefit from the Hospice's support at their time of need.

You may prefer to set up a regular donation in favour of St Leonard's. By choosing to give a regular monthly donation, you will be helping us to plan ahead and secure future services for patients, families and carers.

To set up a regular donation, or find out more, please contact the fundraising team at **stleonardshospice.org.uk/regular-giving** or **01904 777 777**.

Raising money in memory

There are so many ways to fundraise for St Leonard's to celebrate the life of your loved one. Whether it's the challenge of a 10K run or inviting your friends over for coffee and cake, we can support you every step of the way. Our experienced fundraising team are here to help you. For more information visit:

stleonardshospice.org.uk/how-can-you-help-us/events.

You could join in with Hospice organised events and initiatives and money raised can be in memory. If you have a tribute fund this can be added to the total.











Light up a Life

The festive season is a time to enjoy precious moments with family and friends, but it is also a time when we remember those who are no longer with us.

We understand these months can be difficult. That's why every year, during the Christmas period, St Leonard's Hospice invites people to dedicate a light in memory of loved ones on one of our Christmas trees. You are also welcome to join us at one of our remembrance services in December.

Our Christmas trees shine brightly in St Helen's Square, York, Selby Abbey, the Hospice grounds and Easingwold Market Place. They all bear hundreds of twinkling lights, each one representing the life of someone special.

Each name is also recorded in our Books of Honour which are placed in the Chapel at the Hospice, Selby Abbey and Easingwold Methodist Church. The books are displayed over the Christmas period and the lights shine until Twelfth Night. If you'd like to know more about this year's services, please email **fundraising@stleonardshospice.org.uk**

Rainbow of Ribbons

During July, we display hundreds of ribbons in a myriad of colours at the front of the Hospice on Tadcaster Road and at other public places around our region for all to see. Whether you want to celebrate the life of a loved one, mark an anniversary or a birth, your special memories can form a kaleidoscope of colour and positive thoughts.



Gifts in Wills

Longer term, you may wish to honour your loved one's memory by leaving a gift in your Will. Your gift can be of any size and needn't cost you anything now – but it will fund vital care for patients, families and carers in the future.

lan's story

"In my wife Pat's final days they made her as comfortable as they could, with specialist round the clock care in a homely environment. I was able to sleep next to her and when the time came the nurses woke me to say goodbye.

The support and care we both received made Pat's death the best it could be, for that I will be eternally

grateful. And that's why
I've remembered the
Hospice in my Will.

Like me, please let care like this be your legacy – you may be so grateful for their support, just as I was."





Sharon's story

"Setting up a tribute page in memory of our dear mum means we can share special memories and mark her birthday and other occasions. It's comforting to read the messages of remembrance and know how loved she was by others. As a family, we support St Leonard's so we can help others to have the same care as mum."

Those we love remain with us, for love itself lives on





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