



The following information provides guidance on which patients are likely to benefit from referral to St Leonards Hospice IPU, and which patients are likely to be unsuitable. Informal discussion is encouraged to discuss uncertain situations and to agree appropriateness of these referrals before they are made. The IPU provides short term specialist input for symptom control and end of life care. Patients in need of longer term care are discharged to another care settings, which can include their own home or a care home.

All referrals are triaged and assessed, with further information being sought when necessary. Referrers will be informed of the outcome of these assessments, with the provision of clinical advice and guidance being given as necessary. Referrals are only placed on an active waiting list after the assessment process takes place and after the Hospice clinician deems this to be the appropriate response to the patient's identified needs.

## General Criteria

Suitable referrals should meet **all** the criteria listed below:

- Adult aged 18 or over
- Progressive incurable disease
- Prognosis is less than a year (but see "Additional Groups" below)
- There are complex symptom control or psychosocial issues beyond what is manageable by the current treating team, or the patient is rapidly deteriorating and is being referred for end-of-life care
- The patient agrees to referral, or there is a Best Interests decision made on their behalf if lacking mental capacity
- Patient is registered with a GP practice in the hospice catchment area

## Additional Groups

**May** be referred **after individual discussion** and agreement from a member of the hospice clinical team **prior** to referral:

- Patients with progressive incurable disease with prognosis longer than one year but have complex needs
- Patients needing support for complex problems around time of diagnosis or active treatment of incurable disease
- Patients who are registered with a GP practice outside of catchment area, but have a reason to seek care at St Leonards

## Unsuitable Referrals

Examples of patients who are **not** suitable for St Leonards services (**any** of the following):

- Children (under 18)
- Patients with stable disease and/or disability with a prognosis of longer than one year
- Patients with pain/symptom problems not associated with progressive incurable disease
- Patients (with mental capacity) who decline referral or are unaware of their underlying disease
- Patients whose problems are principally mental health related and need specialist psychological/psychiatric referral and input
- Patients/families wishing to receive inpatient respite care or similar (in the absence of all other "General Criteria" for referral)



Beech Tree Surgery

Pocklington Group Practice

Dalton Terrace Surgery

Posterngate Surgery

Elvington Medical Practice

Priory Medical Group

Escrick Surgery

Scott Road Medical Centre

Front Street Surgery

Sherburn Group Practice

Haxby Group Practice

South Milford Surgery

Helmsley Surgery

Stillington Surgery

Jorvik Gillygate Surgery

Tadcaster Medical Centre

Kirkbymoorside Surgery

Terrington Surgery

Millfield Surgery

Tollerton Surgery

MyHealth

Unity Health

Old School Medical Practice

York Medical Group

Pickering Medical Practice